



Sticky Facts

Reception - Autumn 1

- I know that families are all different and unique
Vocabulary: Mum, Dad, sister, brother, grandparents (nan/grandad or language they use), cousins, aunt and uncle.
- I can talk about myself in positive ways.
Vocabulary: happy, friendly, caring, sharing, kind, funny.
- I know the signs of Autumn in our local environment
Vocabulary: orange, brown, red, leaves, squirrels, pumpkins, conkers, hedgehogs, colder.
- I can identify and use my 5 senses
Vocabulary: nose-smell, mouth- taste, fingers-touch, eyes-sight, ears-hear.
- I know how to keep myself healthy
Vocabulary: brushing teeth, fruit and vegetables, sugar, exercise, heartrate, sleep and toileting.
- I can name parts of my body
Vocabulary: head, neck, chest, stomach, arms, legs, fingers, toes, brain, lungs, heart.
- I understand how I change as I grow
Vocabulary: baby, toddler, child, teenagers, adult, elderly.
- I understand my emotions and how to control them.
Vocabulary: sad, angry, happy, excited, worried, scared, surprised.

